



Downsizing checklist for seniors

Step 1: Create a plan

- Decide on a moving date
- Find or hire help
- Decide on what you can't live without
- Notify your friends and family

Step 2: Organize future floorspace

- Measure the rooms in your new home
- Measure the furniture you'll be taking
- Sketch a floor plan layout to get a vision of how the space will look
- Predetermine where larger furniture will be placed

Step 3: Tackle smaller areas

- Identify areas of your home you don't use regularly to tackle first
- Sort contents into yes or no piles
- Clean thoroughly to remove a step in the moving process
- Move on to your next area to tackle

Step 4: Get rid of unwanted items

- Host a yard or online sale
- Donate items to a nonprofit
- Pass down to friends or family
- Recycle or trash leftover items

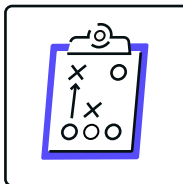
Step 5: Move larger areas

- Organize kitchen and bathrooms
- Sort utensils, appliances, cleaning supplies, etc.
- Move onto the bedroom, sorting everything you'll keep and discard
- Pick a day to tackle the attic and/or garage

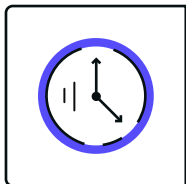
Step 6: Prepare moving paperwork

- Contact utility services (internet, electricity, water)
- Update billing address
- Notify post office of change of address
- Organize personal documents (birth certificates, passports, financial records)

Quick tips:



Create a plan



Start early



Find help



Take your time

To-do list:

- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____

Notes: